

Your Six-Year-Old: Loving and Defiant: A Guide for Parents

The years between the ages of six and eight are often seen as a time of great change for children. They are starting to become more independent and assertive, and they are also starting to develop a stronger sense of self. This can be a challenging time for parents, as they try to balance their child's need for independence with their own need to maintain authority.



Your Six-Year-Old: Loving and Defiant by Louise Bates Ames

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1557 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 146 pages



In their book *Your Six-Year-Old: Loving and Defiant*, Joanna Faber and Julie King offer parents a guide to understanding and responding to the challenges of this age group. Faber and King argue that the key to parenting six-year-olds is to find a balance between empathy and firmness. They emphasize the importance of understanding your child's point of view, and of setting limits in a way that is both respectful and effective.

Faber and King also provide a number of tips for parents on how to apply these concepts in their own lives. These tips include:

- ****Emphasize empathy.**** Try to see the world from your child's point of view, and understand their motivations.
- ****Set limits with empathy.**** When you set limits, explain your reasons to your child in a way that they can understand.
- ****Encourage cooperation.**** Give your child choices whenever possible, and let them help you with tasks.
- ****Be patient.**** It takes time and patience to raise a six-year-old. Don't get discouraged if you don't see results immediately.

Your Six-Year-Old: Loving and Defiant is an invaluable resource for parents of six-year-olds. Faber and King provide a wealth of practical advice and support, and they offer a compassionate and understanding perspective on the challenges of parenting this age group. If you are looking for a book that will help you to understand your six-year-old and to respond to their challenges in a positive and effective way, then this is the book for you.

About the Authors

Joanna Faber and Julie King are the authors of several books on parenting, including the bestselling *How to Talk So Kids Will Listen & Listen So Kids Will Talk*. They are also the founders of the non-profit organization The Center for Child Communication.

Additional Resources

- The Center for Child Communication
- *Your Six-Year-Old: Loving and Defiant* on Our Book Library

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