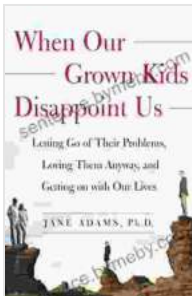


# When Our Grown Kids Disappoint Us: A Guide to Restoring Love, Respect, and Connection

Are you struggling with disappointment in your adult children? Do you feel like you've lost the close relationship you once had? You're not alone.



## When Our Grown Kids Disappoint Us: Letting Go of Their Problems, Loving Them Anyway, by Jane Adams

★★★★☆ 4.3 out of 5

Language	: English
File size	: 312 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 236 pages



In her groundbreaking book, Dr. Gail Gross offers practical advice and support for parents who are grappling with disappointment in their grown children. Drawing on her decades of experience as a family therapist, Dr. Gross provides a roadmap for restoring love, respect, and connection.

In this book, you'll learn:

- Why grown children disappoint us
- How to cope with the pain of disappointment
- How to set healthy boundaries

- How to communicate effectively with your adult children
- How to rebuild trust and connection

Dr. Gross's approach is compassionate and realistic. She understands that disappointment is a normal part of parenting. But she also believes that it's possible to move beyond disappointment and build a strong and healthy relationship with your adult children.

If you're struggling with disappointment in your grown children, this book is a must-read. Dr. Gross's insights and advice will help you navigate this challenging time and restore the love and connection you crave.

### **About the Author**

Dr. Gail Gross is a licensed marriage and family therapist with over 30 years of experience. She is the author of several books on family relationships, including *The Sibling Bond* and *The Middle Child*. Dr. Gross has appeared on numerous television and radio shows, including *The Oprah Winfrey Show* and *The Today Show*.

### **Praise for *When Our Grown Kids Disappoint Us***

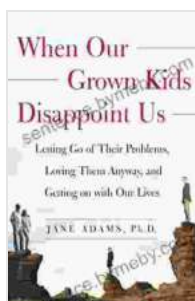
*"Dr. Gross's book is a lifeline for parents who are struggling with disappointment in their adult children. Her insights and advice are compassionate, realistic, and helpful."* - Dr. John Gottman, author of *The Seven Principles for Making Marriage Work*

*"This book is a must-read for any parent who has ever felt disappointed by their grown children. Dr. Gross provides a roadmap for restoring love, respect, and connection."* - Dr. Edward Hallowell, author of *Driven to Distraction*

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*When Our Grown Kids Disappoint Us* is available now at all major bookstores and online retailers. Click the link below to Free Download your copy today.

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