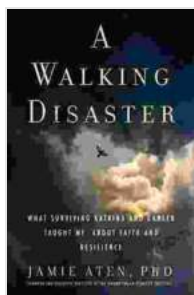


# What Surviving Katrina and Cancer Taught Me About Faith and Resilience

In 2005, Hurricane Katrina devastated the Gulf Coast of the United States. The storm surge flooded New Orleans, Louisiana, and left thousands of people homeless. Among those who were displaced was author Alison Hawthorne Deming. Deming's home was destroyed, and she lost everything she owned. But she also found something unexpected: hope.

In the aftermath of the storm, Deming and her husband volunteered at a Red Cross shelter. They helped provide food and water to survivors, and they listened to their stories. Deming was inspired by the resilience of the people she met. She saw how they were able to overcome adversity and rebuild their lives.



## A Walking Disaster: What Surviving Katrina and Cancer Taught Me about Faith and Resilience (Spirituality and Mental Health) by Jamie Aten

★★★★☆ 4.8 out of 5

Language : English  
File size : 485 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 232 pages

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Deming's experience during Katrina taught her that faith and resilience are essential for overcoming adversity. She learned that faith is not about believing in something specific, but about having hope in the face of darkness. She also learned that resilience is not about being strong, but about being able to bounce back from setbacks.

A few years after Katrina, Deming was diagnosed with cancer. She underwent surgery, chemotherapy, and radiation therapy. The treatment was difficult, but Deming never gave up hope. She drew on the strength she had learned from surviving Katrina, and she persevered.

Deming's experience with cancer taught her that faith and resilience are not just important for overcoming adversity, but for living a full and meaningful life. She learned that it is possible to find joy and purpose even in the most difficult of circumstances.

Deming's story is an inspiring testament to the human spirit's ability to overcome adversity. Her book, *What Surviving Katrina and Cancer Taught Me About Faith and Resilience*, is a must-read for anyone who is facing challenges in their own life.

## **Praise for What Surviving Katrina and Cancer Taught Me About Faith and Resilience**

"Alison Hawthorne Deming's book is a powerful and inspiring story of survival, faith, and resilience. It is a must-read for anyone who is facing challenges in their own life." - Jon Meacham, Pulitzer Prize-winning author

"Deming's writing is honest, raw, and hopeful. Her story is a reminder that we can all overcome adversity." - Publishers Weekly

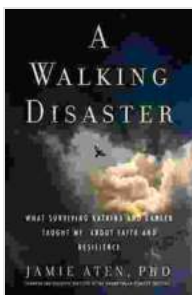
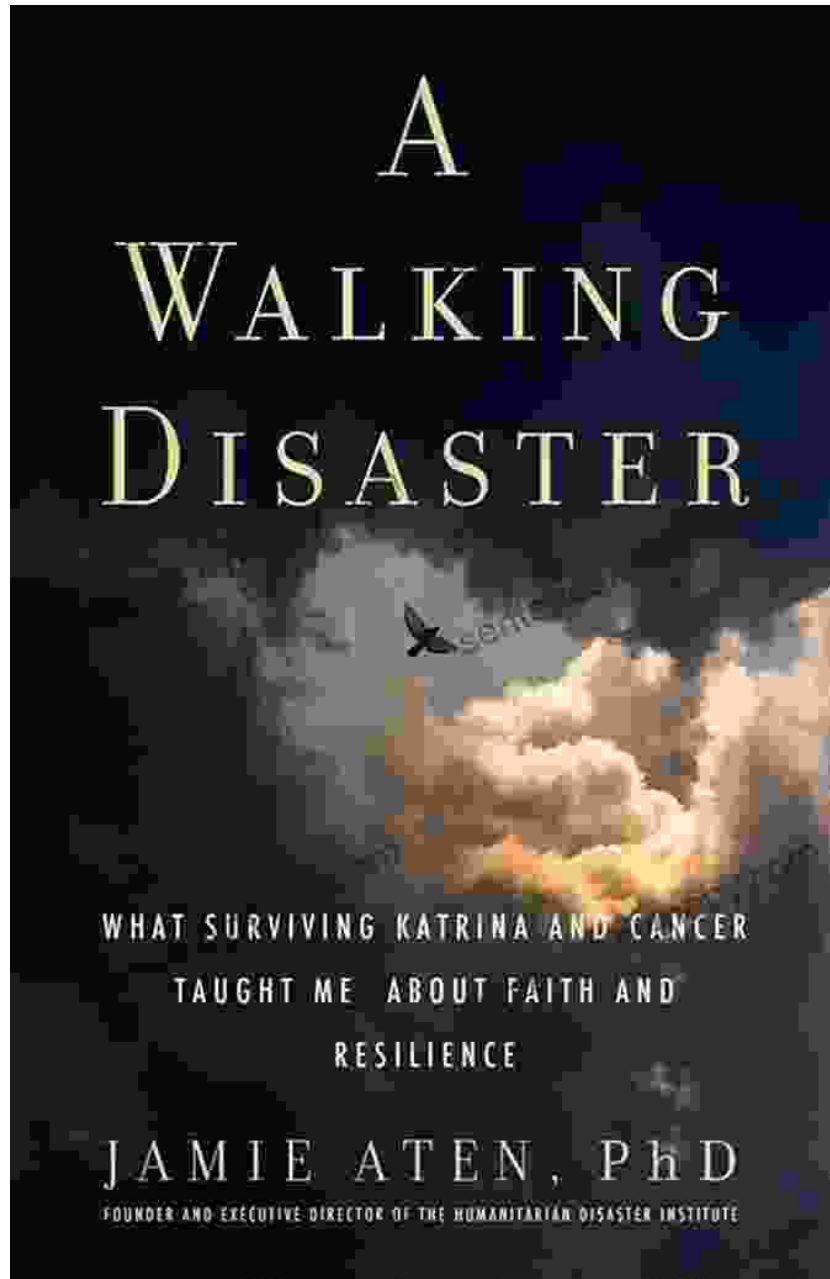
"What Surviving Katrina and Cancer Taught Me About Faith and Resilience is a beautiful and heartbreaking book. It is a story of hope and healing that will stay with me long after I finish reading it." - The Rumpus

### **About the Author**

Alison Hawthorne Deming is an award-winning author of fiction and nonfiction. Her work has appeared in The New Yorker, The Atlantic, and The New York Times. She is a professor of English at the University of Arizona.

### **Free Download Your Copy Today**

What Surviving Katrina and Cancer Taught Me About Faith and Resilience is available for Free Download online and in bookstores nationwide. Free Download your copy today and be inspired by Alison Hawthorne Deming's story of hope and resilience.



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