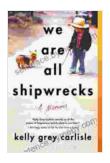
# We Are All Shipwrecks: A Memoir of Redemption, Resilience, and the Power of Hope

In her deeply personal and inspiring memoir, *We Are All Shipwrecks*, acclaimed author and speaker Joshilyn Jackson shares her journey from the depths of despair to the heights of redemption. With raw honesty and unflinching courage, Jackson chronicles her battle with addiction, her struggles with mental illness, and the transformative power of hope.

Jackson's story begins in the idyllic coastal town of Tybee Island, Georgia, where she spent her childhood surrounded by the beauty of the natural world. However, her idyllic upbringing was shattered when she was sexually abused by a family friend. The trauma of this abuse led Jackson down a path of self-destruction, and she began using drugs and alcohol to numb the pain.



### We Are All Shipwrecks: A Memoir by Kelly Grey Carlisle

4.3 out of 5

Language : English

File size : 1203 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 324 pages



As her addiction spiraled out of control, Jackson lost everything: her job, her home, her relationships. She hit rock bottom when she was arrested for DUI and sentenced to jail. It was in jail that Jackson finally realized that she needed to change her life. She began attending Alcoholics Anonymous meetings and working with a therapist, and slowly but surely, she began to rebuild her life.

Today, Jackson is a successful author, speaker, and advocate for addiction recovery. She has spoken to audiences all over the world about her journey, and her work has helped countless people to find hope and healing. *We Are All Shipwrecks* is a powerful and moving memoir that will inspire anyone who has ever struggled with addiction or adversity to believe that recovery is possible.

## Praise for We Are All Shipwrecks

"Joshilyn Jackson's memoir is a raw, honest, and ultimately hopeful account of her journey through addiction and recovery. Her story is a reminder that even in our darkest moments, we can find the strength to overcome adversity and rebuild our lives." — Elizabeth Gilbert, author of Big Magic and Eat, Pray, Love

"We Are All Shipwrecks is a beautifully written and deeply moving memoir. Joshilyn Jackson's courage and resilience are an inspiration to us all." — Glennon Doyle, author of *Untamed* and *Love Warrior* 

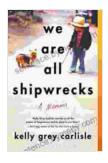
"Joshilyn Jackson's memoir is a powerful and important story of addiction, recovery, and hope. Her words will resonate with anyone who has ever struggled with addiction or adversity." — Gabor Maté, MD, author of *In* the Realm of Hungry Ghosts and When the Body Says No

#### **About the Author**

Joshilyn Jackson is the author of seven novels, including the *New York Times* bestsellers *Never Have I Ever*, *The Opposite of Everyone*, and *Gods in Alabama*. She is also a popular speaker and advocate for addiction recovery. Jackson lives in Atlanta, Georgia, with her husband and two children.

## Free Download Your Copy of We Are All Shipwrecks Today

We Are All Shipwrecks is available for Free Download on Our Book Library, Barnes & Noble, and other major book retailers. You can also Free Download a signed copy of the book from Joshilyn Jackson's website.



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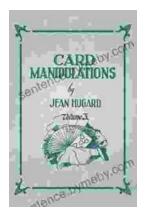
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