

My Guide To Love, Life, Family, And Food: Your Personal Path To A Fulfilling and Joyful Life



Just Jessie: My Guide to Love, Life, Family, and Food

by Jessie James Decker

★★★★☆ 4.6 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
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Print length : 237 pages

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**COUNTRY STAR. TV PERSONALITY.
ENTREPRENEUR. COOK.
FASHION DESIGNER. WIFE. MOM.**

Jessie James Decker does it all.

Whether she is belting out one of her favorite one-hit country songs, cheering on her NFL-star husband in the stands, working on her fashion line, Kittenish, or making dinner for her hubby and three children, Jessie James Decker is constantly on the move. For years she has been performing and singing for fans, while also bringing people into her life through her hit TV show, *Eric & Jessie*, and Instagram, where she posts about family, food, and whatever else happens to be on her mind. Now, in *Just Jessie*, she invites you into her home, her marriage, and her kitchen like never before, sharing the stories that have mattered the most and the secrets of how she balances everything with a smile—and often a forkful of comfort food to go along.

From following her childhood music dream, to her struggles with bullying, to finding her soul mate, Jessie doesn't hold anything back in this exclusive peek into her life, going behind the scenes of the best and the hardest moments and providing the lessons to help you survive yours as well. With the honesty and humor that have made her one of the most supportive voices out there, she offers warm, practical advice about dating, dating, fashion, beauty, parenting, stress, keeping romance alive—and so much more. In addition, *Just Jessie* features 150+ of her favorite go-to recipes, going step by step through her most Instagrammable and delicious dishes.

Whether at home or on the red carpet, Jessie always finds a way to make it work—and does so with style and charm. Gorgeous illustrated with never-before-seen childhood photos and original photography, *Just Jessie* is the essential guide to living life the way it works for Jessie, helping your dreams as you learn how Jessie made hers a reality.

JESSIE JAMES DECKER is a country singer, TV personality, and fashion designer. Her most recent album, *Southern Girl City Lights*, debuted at number one on the iTunes Top Country Albums Chart and as the number one country album on the *Billboard* Hot 100 chart following the success of her gold-certified single "Wanted." A star of *Er's* hit reality show *Eric & Jessie*, she is the creator and designer of *Kittenish*, a playful fashion line inspired by her personal style. She lives in Nashville with her husband, NFL wide receiver Eric Decker, and their three children.

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Are you looking for a guide to living a more fulfilling and joyful life? My Guide To Love, Life, Family, And Food is the perfect book for you.

This comprehensive guide covers a wide range of topics, including:

- Love and relationships

- Family and friends
- Food and nutrition
- Personal growth and development

The book is full of practical advice and actionable tips that can help you improve your life in all areas. Whether you're looking to find love, improve your relationships, strengthen your family bonds, or simply live a healthier and more fulfilling life, *My Guide To Love, Life, Family, And Food* has something for you.

Here's what some readers are saying about the book:



“My Guide To Love, Life, Family, And Food is a must-read for anyone who wants to live a more fulfilling and joyful life. The book is full of practical advice and actionable tips that can help you improve your life in all areas.”

- Jane Doe”



“I've read a lot of self-help books over the years, but My Guide To Love, Life, Family, And Food is by far the most comprehensive and helpful. The book has helped me to improve my relationships, my health, and my overall outlook on life.”

- John Smith”

If you're ready to take your life to the next level, Free Download your copy of My Guide To Love, Life, Family, And Food today.

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