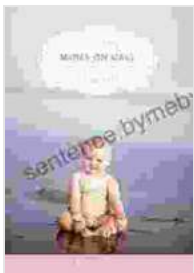


# Moms On Call Next Steps: Unlocking the Secrets of 15-Month Baby Care

As your precious little one embarks on the journey of their 15th month, you may find yourself navigating a new set of developmental milestones and parenting challenges. To empower you in this exciting phase, Moms On Call, the trusted parenting resource, has released its latest guide: Moms On Call Next Steps Baby Care 15 Months. This comprehensive and evidence-based book provides a wealth of practical advice and expert insights to help you confidently care for your growing baby.



## Moms on Call | Next Steps Baby Care 6-15 Months | Parenting Book 2 of 3 (Moms On Call Parenting Books)

by Warren Lee Cohen

★★★★☆ 4.8 out of 5

Language : English  
File size : 3423 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 205 pages



## Sleep: Establishing Healthy Habits

Sleep is essential for your baby's physical, cognitive, and emotional well-being. In this book, you'll discover:

- Proven sleep training techniques to help your baby achieve restful nights and refreshing naps
- Strategies for addressing common sleep challenges, such as night wakings and early morning rising
- Age-appropriate sleep routines that promote a healthy and predictable sleep cycle

## **Feeding: Nurturing Growth and Development**

Feeding your baby at 15 months is critical for ensuring proper nutrition and supporting their growth. This guide covers:

- Dietary recommendations to meet your baby's evolving nutritional needs
- Transitioning to solid foods and introducing new flavors and textures
- Troubleshooting feeding challenges, such as picky eating and food allergies

## **Routines: Providing Structure and Predictability**

Establishing routines can bring a sense of Free Download and predictability to your baby's day. This book offers:

- Sample schedules and age-appropriate activities to provide a framework for your day
- Tips for creating a consistent bedtime routine to promote restful sleep
- Advice on managing transitions and unexpected events that may disrupt your baby's routine

## **Development: Monitoring Milestones and Fostering Growth**

At 15 months, your baby is experiencing a surge of cognitive, physical, and social development. This guide helps you:

- Track your baby's developmental milestones and identify any areas of concern
- Encourage language and speech development through interactive play and book reading
- Promote gross and fine motor skills with age-appropriate activities

## **Additional Parenting Support**

Beyond the core topics, *Moms On Call Next Steps Baby Care 15 Months* offers invaluable support for parents:

- Coping with common parenting challenges, such as tantrums and sibling rivalry
- Managing your own self-care and finding support as a parent
- Navigating the transition to daycare or preschool

*Moms On Call Next Steps Baby Care 15 Months* is an indispensable resource for parents navigating the crucial 15-month stage. Its evidence-based advice, practical strategies, and comprehensive coverage empower you to confidently care for your growing baby and foster their optimal development. Whether you're a new parent or a seasoned pro, this book is a valuable companion on your parenting journey.

Free Download your copy of Moms On Call Next Steps Baby Care 15 Months today and unlock the secrets of enlightened parenting.



## Moms on Call I Next Steps Baby Care 6-15 Months I Parenting Book 2 of 3 (Moms On Call Parenting Books)

by Warren Lee Cohen

★★★★☆ 4.8 out of 5

Language : English  
File size : 3423 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 205 pages



## How Businesses Can Thrive In The New Global Neighborhoods

The world is becoming increasingly interconnected, and businesses are facing new challenges and opportunities as a result. In this new global landscape,...



## **Card Manipulations Volume 1: A Masterclass in Deception by Jean Hugard**

Unveiling the Secrets of Card Magic Step into the captivating world of card manipulation, where the ordinary becomes extraordinary. Jean...