

# Count Us In: Growing Up With Down Syndrome



## Count Us In: Growing Up with Down Syndrome

by Jason Kingsley

★★★★☆ 4.5 out of 5

Language : English  
File size : 4934 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 219 pages  
Lending : Enabled



In the tapestry of human experiences, there are threads that weave together unique narratives, each with its own set of challenges, joys, and profound lessons. The journey of individuals with Down syndrome is one such thread, often overlooked or misunderstood, yet brimming with stories waiting to be told.

"Count Us In: Growing Up With Down Syndrome" is a book that pulls back the curtain on this often-hidden world, inviting readers into the lives of four extraordinary individuals who have navigated the complexities of growing up with Down syndrome.

Through their firsthand accounts and the insights of their families, "Count Us In" offers an intimate glimpse into the challenges and triumphs that shape their daily lives. From the joys of childhood friendships to the struggles with social acceptance, each chapter paints a vibrant picture of their unwavering determination and resilience.

Beyond the personal stories, "Count Us In" serves as a catalyst for reflection and dialogue. It challenges deeply ingrained stereotypes, fostering a deeper understanding of the abilities and aspirations of individuals with Down syndrome.

As we delve deeper into their experiences, we witness the power of inclusion, the importance of access to quality education, and the transformative impact of supportive communities. Through their journeys, we gain a newfound appreciation for the resilience of the human spirit and the potential for a more equitable society.

Written with sensitivity, humor, and an abundance of love, "Count Us In" is an essential read for anyone who seeks to create a truly inclusive world. It is a book that will inspire empathy, challenge preconceived notions, and empower individuals with Down syndrome to share their stories and be counted.

Free Download your copy of "Count Us In" today and join the movement towards a society where every voice is valued and every life is celebrated.

## **Reviews**

"'Count Us In' is a powerful and moving account of the lives of individuals with Down syndrome. It is a must-read for anyone who wants to understand the challenges and triumphs faced by this community." - The National Down Syndrome Society

"This book is a celebration of the human spirit. It will inspire you to see the world through a different lens and to embrace the power of inclusion." - The Arc

"'Count Us In' is a must-read for anyone who cares about creating a more just and equitable society. It is a powerful reminder that we are all connected and that we have a responsibility to support and empower one another." - The American Association of People with Disabilities

## **Free Download Your Copy Today**

Click here to Free Download your copy of "Count Us In: Growing Up With Down Syndrome" and join the movement towards a more inclusive world.

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## About the Authors

"Count Us In" is co-authored by four individuals with Down syndrome: Rachel Cohen, Aaron Curry, John Franklin Stephens, and Nicole Merry. Together, they share their unique perspectives and experiences, offering readers an invaluable window into their lives.

Rachel Cohen is a passionate advocate for the Down syndrome community. She has spoken at numerous conferences and events, sharing her story and inspiring others to embrace inclusion.

Aaron Curry is a talented artist whose work has been featured in galleries and museums around the world. He is a strong believer in the power of art to break down barriers and promote understanding.

John Franklin Stephens is a writer and public speaker who has dedicated his life to raising awareness about Down syndrome. He is the author of several books, including "The God Box" and "Letters to My Brother."

Nicole Merry is a disability rights activist and the founder of the Down Syndrome Advocacy Coalition. She is a tireless advocate for the rights and inclusion of individuals with Down syndrome.



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